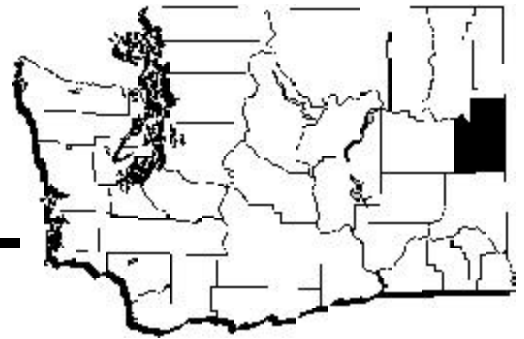


Spokane County

WIC Facts 2003



% infants born
served by WIC

55.2%

WIC food dollar
contribution to
local economy

\$7,458,151

WIC foods purchased

488,006 gallons of milk

295,706 boxes of cereal

207,847 cartons of eggs



WIC serves

Total women and children served ----- 21,192

Infants and young children ----- 15,768

Pregnant, breastfeeding, and
postpartum women ----- 5,424

Diverse families

Caucasian ----- 82.6%

Hispanic ----- 5.3%

African American/Black ----- 5.4%

Asian/Pacific Islander ----- 3.0%

Native American/American Indian ----- 3.7%

Working families

Percent of WIC households with at least one
working family member ----- 64%

Families living in poverty

Percent of WIC households with income at or below
the federal poverty level¹ ----- 66%
(less than \$1,336 per month for a family of 3)

Military families

Number of women and children on WIC who serve
in the military or live in military households ----- 763

WIC attracts families to preventive health services

Over 97,252 times last year, WIC staff discussed health-related services with families and provided the information and support needed to access them successfully.

WIC agencies and sites

Spokane Regional Health District

Airway Heights

Deer Park

Spokane

West Central Community Center

Cheney

Fairchild Air Force Base

Spokane

Statewide WIC Facts

- WIC served 48.2% of all infants born in Washington state
- WIC served 260,000 women and children
WIC provides nutritious foods, nutrition education, referrals and breastfeeding information.
- WIC contributed \$94.5 million to local economies
- WIC attracted families to preventive health services
In 2003, more than 19,400 calls to the Healthy Mothers, Healthy Babies statewide referral line were from families calling for WIC.² With this one call, they got help finding WIC and also received information about other preventive health services.
- WIC was a gateway to health-related services
Over 1.3 million times last year, WIC staff discussed these services with families and provided the information and support needed to access them successfully.
- WIC breastfeeding rate reached 83.2%³
Breastfeeding support and education are key parts of WIC because breastfed children have fewer infections and are less likely to develop chronic conditions like obesity and diabetes later in life.

¹Washington WIC Client Information Management System (CIMS), household income at or below 105% federal poverty level

²Healthy Mothers Healthy Babies Coalition of Washington State, Quarterly Report, 4th Quarter 2003

³"Mothers Survey, Ross Products Division, and Abbott Laboratories." © 2003 – Abbott Laboratories.